

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Birdville ISD



THE
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March 2021

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Tell your child a story about a positive way you resolved a conflict.
- 2. Make up trivia questions about your family. Quiz one another at the dinner table.
- 3. It's Women's History Month. Help your child find a biography and learn more about a woman he admires.
- 4. Suggest that your child keep a TV/video log. Have her keep a record of the shows she watches and what she thinks of them.
- 5. Ask your child to describe the best dream he has ever had. Share yours with him.
- 6. Admit when you are wrong and apologize to your child.
- 7. Talk with your child about how rights come with responsibilities.
- 8. Explore another culture with your child. Try a recipe, or read a first-person account of life.
- 9. Help your child consider consequences before she makes a decision.
- 10. Ask your child to compare nutrition labels for different brands of a packaged food, such as cereal. Which has the most vitamins?
- 11. Patiently explain the reason for a rule your child doesn't like.
- 12. Have your child start an emotions diary. He can write down when and why he feels strong emotions and how he handles them.
- 13. Ask your child questions about her classes to get an idea about what she is learning.
- 14. Have your child solve silly math problems, such as "How many hours until the Fourth of July?"
- 15. Today, talk to your child as you would to a friend or co-worker. How does your child respond?
- 16. Ask your child who his role models are and why. You may learn something new about him.
- 17. Let your child overhear you bragging about her.
- 18. Don't violate your child's privacy. By providing privacy, parents demonstrate respect.
- 19. Talk about your family's ethnic background with your child.
- 20. Enjoy some outdoor physical activity as a family today.
- 21. Challenge your child to create a recipe and write it down.
- 22. Avoid giving in to your child's demands once you have made a decision about something.
- 23. Ask your child which he prefers: being alone or being with other people.
- 24. Emphasize the importance of attending every class. Point out that attendance is also important in the working world.
- 25. Ask your child: "Do you think honesty is always the best policy? Why or why not?"
- 26. Have a Stay-Up-Late Night. Let your child stay up as late as she wants, as long as she's reading.
- 27. Suggest that your child create a practice test when he's studying.
- 28. Ask your child to teach you something she's learned recently.
- 29. Tell your child that you truly believe he can achieve in school.
- 30. Middle schoolers can be moody. Pick your battles, but don't tolerate disrespect.
- 31. With your child, learn a new skill, such as calligraphy.

April 2021

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- 1. Suggest that your child write a thank-you note to someone who has helped her.
- 2. Mention how something you studied in school has helped you at work.
- 3. Look through old family photo albums. Tell your child stories about his relatives.
- 4. Help your child find ways to volunteer. She can contribute to the community while learning about others.
- 5. Challenge your child to be a book critic. Ask him to rate a book on a scale of 1 to 10. For what ages would he recommend this book?
- 6. Say to your child, "If there's anything you want or need to talk about, remember I'm here to listen."
- 7. Ask your child what she is most confident about doing.
- 8. Remember that children learn from your actions more than your words. Focus on setting a good example.
- 9. Exchange persuasive letters with your child. Try to convince each other of something.
- 10. Make an appointment with your child to do something fun together. Write it on your calendar.
- 11. Encourage your child to read the newspaper every day this week. Choose a cover story to discuss.
- 12. Write an encouraging note to your child and put it in a place where he will see it.
- 13. Today, ask your child to go on a "fraction search" through the newspaper. Which sections have the most fractions?
- 14. Check on your child's grades. If necessary, help her raise them before the year ends.
- 15. Make a healthy snack to share with your child. Ask about his day.
- 16. When you are having a conversation with your child, don't talk for more than 30 seconds at a time before letting her have a turn.
- 17. Talk with your child about your family's priorities.
- 18. Review what your child should do in the event of a weather emergency, such as a tornado or flood warning.
- 19. Challenge your child to "spring clean" his study area. Can he think of better ways to organize his schoolwork and supplies?
- 20. Have your child match items on your grocery list to coupons and calculate how much you can save.
- 21. Index cards are great for studying. They force students to write down only the most important points.
- 22. Play a word game with your child, such as Scrabble.
- 23. Ask your child to pretend she's mayor for the day. Have her list three ideas that would make your community a better place.
- 24. Keep a map or globe visible in your home. Together, locate places that are mentioned in the news.
- 25. Focus on things your child does well today. Give specific praise.
- 26. Listen to your child's concerns, but discourage whining.
- 27. Ask your child to tell you his favorite family memory.
- 28. Tell your child to keep a notebook handy when reading. She can jot down unknown words and look them up later.
- 29. Have your child show you some websites or apps that have been helpful with schoolwork.
- 30. Do everyday things with your child, such as washing dishes, to gain more time together.

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May 2021

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- 1. If you and your child could meet anyone from the past, who would it be? What questions would you ask?
- 2. Have your child find out whether there will be final exams in his classes. Help him create a study schedule and begin reviewing now.
- 3. Talk with your child about a current event that is happening in another country. How could it affect you?
- 4. Teach your child to ask *who, what, when, where, why* and *how* when doing research.
- 5. Have your child play her favorite song. Play a song you loved at her age.
- 6. Encourage your child when he faces challenges. Say, "Go for it!" or, "You can do it!"
- 7. Does your child have assignments to complete over the weekend? Make sure she sets aside enough time.
- 8. Teach your child how to play a strategy game, such as chess, checkers or dominoes.
- 9. Talk about the systems of the body with your child.
- 10. Have your child brainstorm healthy dinner ideas for the week.
- 11. Ask your child, "What are five questions you would want to be asked?"
- 12. Read a textbook assignment with your child. Then ask him to tell you about it in his own words.
- 13. Power struggles don't work with middle schoolers. Too much parental control causes rebellion. Offer choices instead.
- 14. Consider giving your child an allowance. Make her responsible for saving for and buying certain things.
- 15. Ask your child to draw a cartoon about middle school life today.
- 16. Teach your child how to cook his favorite dish.
- 17. Encourage your child to read during quiet times at home. Before bed is a perfect time to read.
- 18. When your child studies for a test, have her start at a different place in her notes every time.
- 19. Read a review of an age-appropriate movie with your child. Suggest watching it together.
- 20. Ask your child's advice on a problem you are facing.
- 21. Give your child a math-related household task to do, such as figuring out how many feet of edging you need to go around a flower bed.
- 22. With your child, visit a college website and take a virtual tour.
- 23. Take a walk in a new place with your child today.
- 24. Ask your child to plan a fun family night.
- 25. Challenge your child to find out how to say his birthday in a foreign language.
- 26. When your child tells you something important, restate it to make sure you understood.
- 27. Share a story with your child about a time when you were unhappy.
- 28. Compliment your child on something about her appearance today.
- 29. If your child were the principal of the school, what would be his top five rules? Ask him.
- 30. Have your child time how long a car trip takes. How many miles were driven? What was your average speed?
- 31. Take your child to a service station. Make sure she knows how to check the tire pressure and fill the tank with gasoline.

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